



**Friday, June 14<sup>th</sup> at 6:00pm**

**Bethel Church Ministry Building**

609 Center Avenue, Oostburg

*(across the parking lot from Bethel Church)*

Please join us for Flourish, a women's event full of fellowship and fun! All ages are welcome.

The evening will begin with fellowship and a light dinner including croissants with a ham, turkey, and cheese platter and condiments, chips and a fruit cup, and assorted bars and beverages. The dinner will be followed by fun and informative breakout sessions and end with keynote speaker, Ryan Sorensen, Community Engagement and Volunteer Coordinator at Safe Harbor in Sheboygan, who will share about Safe Harbor and the work they are doing in the community.

**Breakout Sessions:**

1<sup>st</sup> session (select one)

**Make and Take Craft** – We'll be making a hanging lighted mason jar sconce. If you are not usually crafty or you would just like a simple addition to your wall décor, this session is for you!

**Dementia Care** – Hear a brief overview of dementia and learn tips on how to interact with and care for a loved one who has dementia. Time will be given for questions.

**Family Devotions** – “From the lips of infants and children, You have ordained praise...” How do you worship the Lord with your children? Whether it's at home, in the pew, or in the grocery store checkout line, the Lord gives us so many opportunities with our children to praise Him. We'll talk about ways we see the Lord working in and through our children's praise.

2<sup>nd</sup> session (select one)

**Make and Take Craft** – We'll be making a hanging lighted mason jar sconce. If you are not usually crafty or you would just like a simple addition to your wall décor, this session is for you!

**Essential Oils** – We'll talk with Simply Earth about what essential oils are, some of their benefits, how to use them safely, and you'll go home with a roll-on and some foaming hand soap that we'll make together.

**Zumba** – A mild 20-minute group Zumba routine. Music, exercise, and smiles will make this a time of exercise fun. Please bring a change of clothes for this breakout session.

***There is no charge for this event, but there will be a donation box at the event. We will be collecting donations for Safe Harbor as well. Requested items are listed on the second page.***

**Registration below:** Please complete and email to [jsmies3@wi.rr.com](mailto:jsmies3@wi.rr.com) or drop off in the designated box in the church basement no later than Monday, June 10.

---

Name and session choices: \_\_\_\_\_

Guest name and session choices: \_\_\_\_\_

### **Donation requests for Safe Harbor:**

- Paper towels
- Toilet paper
- General cleaning spray
- Carpet cleaner
- Feminine products (pads & tampons)
- Magic cleaning erasers
- Dish soap
- Air fresheners
- Laundry detergent
- Kleenex
- 13-gallon white garbage bags
- Bleach
- Dryer sheets
- Ear plugs
- Pillow covers
- Bath towels
- Brooms/mops
- Baby monitors
- Slippers
- Lamps (small/portable)
- Bath robes (adult size)
- Ear buds/headphones
- Fidget spinners
- Stress balls
- Bottled water
- Coffee creamer
- Sponges
- Tote bins
- Laundry baskets
- Emergen-C
- Pedialyte
- Gift cards
- Gas cards

### **Food:**

- Ground beef
- Juice
- Spices, salt and pepper, sugar
- Fresh fruits
- Fresh veggies
- Frozen pizzas
- Cheese
- Deli meats
- Canned fruits
- Butter
- Snacks for kids